

When You Don't Know What to Work On Next: A Worksheet

Below, you'll find space to write about all of the ideas swimming around in your head right now. If you need more space, feel free to print out several copies of this page.

Description of idea:

What I get out of working on & completing this idea:

Approximate time-frame for completing this idea:

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Zooming Out: the bigger picture

In one month...

I want to be doing:

I want to feel:

I want to have:

In three months...

I want to be doing:

I want to feel:

I want to have:

In six months...

I want to be doing:

I want to feel:

I want to have:

Looking at my answers for these questions, the common threads that I see in what I want to be doing, what I want to feel, and what I want to have in the next six months are:

(Suggestion: pick no more than three. These are your priorities for the next few months.)

Looking at what I get out of working on and completing my ideas, the idea that coincides best with what my current priorities are is:

Today, to start working on that idea, I'm going to:

And to keep the other ideas safe, so that I know I can come back to them later, I'm going to:

See – that wasn't as hard as you thought it would be, was it? Now, you know that your other ideas will be safe & sound (no abandonment required!) while you can work on the idea that suits your current priorities best. And, even better, you've already figured out your first step! The only thing left to do is take action.